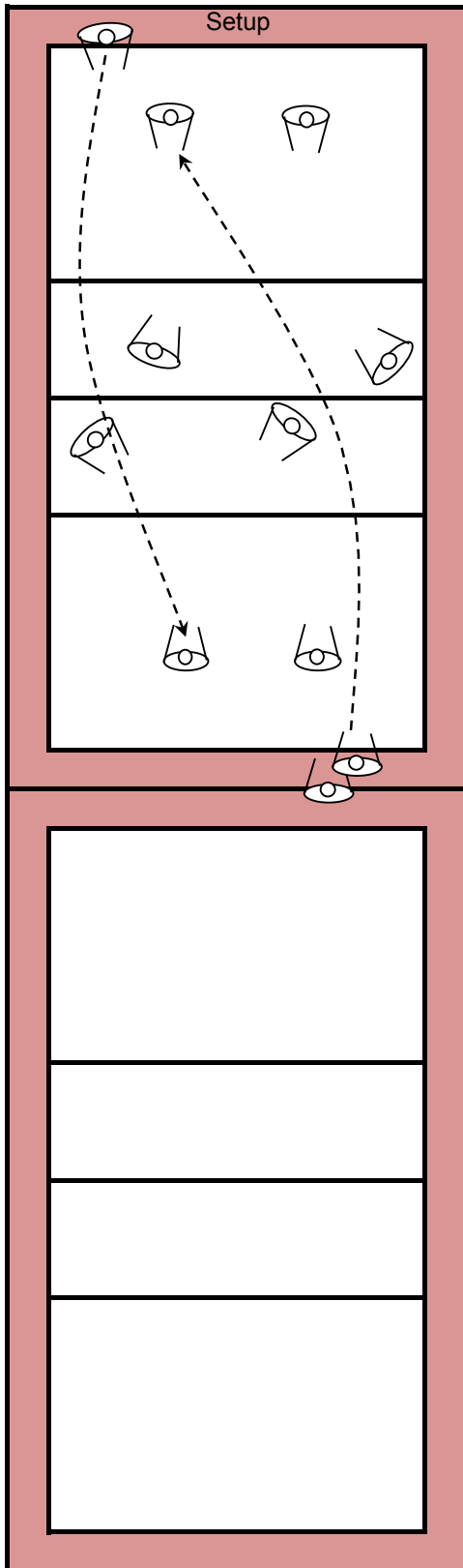


Recommended # of Athletes: 12 +



## 2 Person Serve and Pass

### Set-up

Set up 2 passer in serve receive on each side of the net, a setter at the net, target in the power position, and everyone else at the back line with a ball prepared to serve.

### Conditions:

Servers will serve to either of the two passers across the net who pass the ball to the setter who sets to the target. The Target will catch the ball and role it back to the servers. Rotate your passers through at your discretion

### Purpose/Goal

Develop serve receive skills and introduce seams between passers

Develop serving accuracy in a controlled manner

Valuable setting reps

### Success criteria

Passer communicate early to each other who's ball it is, and pass it successfully to a position on the court that the setter is able to hand set the ball.

### Reference Points

Establish left or right seams before the play begins.

Skill of the servers determines difficulty of the drill

### Variations

#### Simplification

Enter serves from slightly further into the court in position 1 and move passers to pass in position 5 and 6.

#### More Difficult

Increasing the number of passers on the court will increase the space covered on the court but requires more communication with seams

Legend: Ball's Route = Players Rotation = Players =

